Author Educator Curator

Elizabeth M. Williams was lucky enough to be born into a family of Sicilian heritage in New Orleans. She grew up eating in two great culinary traditions. She is the founder and former President & CEO of the National Food & Beverage Foundation in New Orleans, which includes the Southern Food & Beverage Museum, The Museum of the American Cocktail, Pacific Food & Beverage Museum, the John & Bonnie Boyd Hospitality & Culinary Library, and the National Culinary Heritage Register. Much of her research and writing centers on the legal, policy, and cultural issues related to food and foodways.

A graduate of Louisiana State University (BA, English) and Louisiana State University Law Center (JD) she has served in the U.S. Army as a Judge Advocate General (JAG). She has practiced law in Washington, DC and Louisiana. She has written many articles for a variety of magazines and journals, has served as judge in many cooking competitions, has consulted and been engaged to do speaking domestically and internationally on the food of the New Orleans area and the rise of food museums and the interest in food culture. Travel is an excuse to eat in new places.

LIZ WILLIAMS NEW BOOK UNIQUE EATS AND EATERIES OF NEW ORLEANS

According to Williams, “There is no city in America that bases its identity on its unique cuisine more than New Orleans. The geography that gives the city access to sea and land, a history that emphasizes food and drink, and laissez faire attitude that allows visitors and citizens alike to give way to the pleasures of the table, all culminate in an experience that can be had nowhere else on earth.”

The book contains information about some of the oldest restaurants in America, the newest avant garde restaurant experimenting with science, places for a great drink and delicious nibbles, Cajun and Creole delicacies locals have only read about, and the traditional reasons that the city’s food has been heralded for almost three centuries.
Liz Williams is a founder and former president and CEO of the National Food and Beverage Foundation, which includes the Southern Food & Beverage Museum, the Museum of the American Cocktail, and the Boyd Hospitality & Culinary Library. She co-authored with Stephanie Jane Carter, *The Encyclopedia of Law and Food*.

In 2013, AltaMira published *New Orleans: A Food Biography*, which was selected as the One Book, One New Orleans book for 2018. In 2016, her book, co-authored with Chris McMillian, *Lift Your Spirits*, was published by LSU Press. A graduate of Louisiana State University (BA, English) and Louisiana State University Law Center (JD) she has served in the U.S. Army as a Judge Advocate General (JAG). She has practiced law in Washington, DC and Louisiana.

Williams has written many articles for a variety of magazines and journals, has served as judge in many cooking competitions, and has consulted internationally on the food of the New Orleans area.